

RECOVERY IN THE RAPIDS

*** Host not affiliated with Narcotics Anonymous***

FRANDY PARK CAMPGROUND

11252 Kenville Rd
Kernville, CA 93238
(888) 372-6399

Check into Campsite after 8 AM no later than 10 PM!

Call Frandy's if you're running late!

Expect to pay for pets. Call campground to ensure the breed is welcome.

<https://www.frandy.net/>

Upon Arrival –

- Check into Campsite after 8 AM and no later than 10 PM. Register with Frandy personnel, obtain a vehicle pass and display it on your rear-view mirror. You will be issued a wristband. You are required to wear this the entire weekend. Please indicate you are with the NA Group (Dutch's group)
- Call/Text Hector (619) 430-0462 to be directed to the right campsite. In the spirit of unity, we will all be sharing campsites. No more than 3 vehicles are allowed to be parked at each site. There is a large dirt parking lot for excess vehicles 20 feet away from the campsites.

- Suggested Planned Activities Itinerary

Wednesday –

- Visit Kernville, CA. This town is right across the river from the campsite. The town features a café, coffee shop, a couple antique shops, an Italian Restaurant, and a local market to purchase the things you forgot to bring.

Thursday –

- Pancakes and Coffee
- **8 AM Morning JFT Meeting (South Bay)**
- **Seven Teacups Trail – (4.2-mile Hike)** This is a difficult, but beautiful hike. Wear comfortable shoes and bring plenty of water and snacks. There are no restrooms. Carpool suggested we park up against the road on the riverside. **We will be leaving the campsite around 10 AM.** Take Sierra Way north 21 miles toward Tulare County. Hector is P.O.C. (619) 430-0462
- Patrick's Arts and Crafts Corner.
- Dinner time
- **8 PM Evening Open Discussion NA Bonfire Meeting (Beach Area)**

Friday –

- Pancakes and Coffee

- **8 AM Morning JFT Meeting (South Bay)**
- **Isabella Peak Trail** – is a scenic 2.9-mile moderate hike. This hike offers panoramic views of the lake basin and Sequoia National Forest. **We will be leaving the campsite around 10 AM. Via Caravan. P.O.C. is Hector R (619) 430-0462.**
- **At Cost White Water Rafting Excursion.** Contact Brandon (760) 522-2469
- Patrick's Arts and Crafts Corner.
- **Mexican Meal Potluck. Highly encouraged gathering. Please contact Dutch @ (619) 792-0459 to coordinate what you can bring. Drinks, sides and desserts 😊**
- **8 PM Evening Open Discussion NA Bonfire Meeting (Beach Area)**
- Late Night Hot Springs Excursion / P.O.C. Nick D. (619) 625-0769

Saturday –

- Pancakes and Coffee
- **8 AM Morning JFT Meeting (South Bay)**
- **Natural Rock Water Slides (Alder Creek Slabs/Dry Meadow Creek) Excursion.** This is a beginner route. The hike is approximately 2 miles long (roundtrip). Drive north from Kernville via M56 and Western Divide HWY, then follow the signs towards Parker Pass Rd and up to Lloyd Meadow Rd. All-terrain vehicle is best for this route. Plan accordingly. Take precautions as rocks can be extremely slippery. It's suggested to bring water shoes. Pack a picnic. There are no restrooms. There are several "teacup" pools and steep slides that deposit you into a deep pool. These waterslides are slippery, fun, wet and not too scary. **"&/Or" Trail of 100 Giants.** Please join us on this beginner friendly paved stroll. Redwood Meadow Grove is a giant Sequoia grove located within the Sequoia National Forest. There are bathrooms, an at-cost parking lot (bring cash), and a gift shop. It tends to be cold here with condensation. Wear comfortable shoes, bring a sweatshirt/windbreaker, water and snacks. **We will be leaving the campsite around 9 AM. Via caravan. P.O.C. is Hector R (619) 430-0462.**
- **Italian Meal Potluck. Highly encouraged gathering. Please contact Dutch @ (619) 792-0459 to coordinate what you can bring. Drinks, sides and desserts 😊**
- Patrick's Arts and Crafts Corner.
- **8 PM Evening Open Discussion NA Bonfire Meeting (Beach Area)**
- Late Night Hot Springs Excursion / P.O.C. Nick D. (619) 625-0769

Sunday –

- Pancakes and Coffee
- 8 AM Morning JFT Meeting (South Bay)
- Pack up, clean up, and make sure you **pay for any additional guests** you may have brought. Contact Hector (619) 430-0462